# **ORIGINAL CONTRIBUTIONS**



# DISORDERED REDOX METABOLISM OF BRAIN CELLS IN RATS EXPOSED TO LOW DOSES OF IONIZING RADIATION OR UHF ELECTROMAGNETIC RADIATION

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Aim: To investigate the changes of redox-state of mammalian brain cells as the critical factor of initiation and formation of radiation damage of biological structures in setting of continuous exposure to low doses of ionizing radiation or fractionated ultra high frequency electromagnetic radiation (UHF EMR) at non-thermal levels. Materials and Methods: The influence of low-intensity ionizing radiation was studied on outbred female rats kept for 1.5 years in the Chernobyl accident zone. The effects of total EMR in the UHF band of non-thermal spectrum were investigated on Wistar rats. The rate of formation of superoxide radicals and the rate of NO synthesis in mitochondria were determined by the EPR. Results: After exposure to ionizing or UHF radiation, the levels of ubisemiquinone in brain tissue of rats decreased by 3 and 1.8 times, respectively. The content of NO-FeS-protein complexes in both groups increased significantly (p < 0.05). In the conditions of ionizing or EMR the rates of superoxide radical generation in electron-transport chain of brain cell mitochondria increased by 1.5- and 2-fold, respectively (p < 0.05). In brain tissue of rats kept in the Chernobyl zone, significant increase of NO content was registered; similar effect was observed in rats treated with UHFR (p < 0.05). Conclusions: The detected changes in the electron transport chain of mitochondria of brain cells upon low-intensity irradiation or UHF EMR cause the metabolic reprogramming of cell mitochondria that increases the rate of superoxide radical generation and nitric oxide, which may initiate the development of neurodegenerative diseases and cancer. This article is part of a Special Issue entitled "The Chornobyl Nuclear Accident: Thirty Years After".

Key Words: ionizing radiation, electromagnetic radiation, superoxide radicals, nitric oxide, mitochondria.

Environmental contamination with radionuclides in some regions of Ukraine due to Chernobyl catastrophe substantiates the studies of the effect of low dose irradiation on living objects, in particular the features of radiation-induced carcinogenesis [1–3]. Along with the generally recognized risk factors of cancer development there are the anthropogenic negative factors affecting morbidity. Examples of such factors are electric and magnetic fields. The wide use of electromagnetic radiation (EMR) in various spheres of human activity could result in its thousand fold higher level than the natural electromagnetic background.

It has been shown that a wide range of diseases are associated with the dysfunction of mitochondria, in particular their electron transport chain (ETC), which manifests itself primarily in disorder of the energy exchange. According to modern biophysical and biochemical views, biological membranes are the most vulnerable to the action of ionizing radiation. Radical-creating centers in ETC of membranes of mitochondria and endoplasmic reticulum initiate the development of chain free-radical reactions with following DNA dysfunction [4–10].

The aim of our study was determination of changes of redox-state of mammalian brain cells as the critical factor of starting and formation of radiation damage of biological structures in conditions of continuous exposure to low doses of ionizing radiation and fractionated ultra high frequency (UHF)-irradiation at non-thermal levels.

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Abbreviations used: EFD – energy flux density; EMR – electromagnetic radiation; ETC – electron transport chain; mtNOS – mitochondrial nitric oxide synthase; UHF – ultra high frequency.

#### **MATERIALS AND METHODS**

The study of influence of low-intensity radiation on an organism was carried out on 126 outbred female rats bred in the vivarium of R.E. Kavetsky Institute of Experimental Pathology, Oncology and Radiobiology (IEPOR) of the NAS of Ukraine (Kyiv), which were kept for 1.5 years in the Chernobyl accident zone and were fed with nutriment contaminated with radionuclides (200–250 Bq per day), in particular <sup>134</sup>Ce, <sup>37</sup>Cs, <sup>90</sup>Sr, <sup>239</sup>Pu, <sup>241</sup>Pu, <sup>241</sup>Am, etc. The control group of 25 animals was kept on the usual diet in the vivarium of IEPOR.

The effects of EMR in the UHF band on an organism were studied on 95 Wistar male rats, which were kept on the usual diet of the vivarium; the average weight of the animals was  $0.20 \pm 0.02$  kg. The animals were housed into 2 groups. Animals of the experimental group (n = 80) were exposed to total UHF irradiation of non-thermal spectrum using the generator "Volna" (Ukraine) with impulse modulation: pulse duration — 2 ms, pulse separation — 10 Ms; carrier frequency — 0.465 GHz; duration of an exposure session — 17.5 min. The second group consisted from 15 intact animals (the control group).

The maintenance and manipulations with the animals were carried out in compliance with clauses of the General ethical principles of experiments on animals, approved by the First National Congress of Bioethics (Kyiv, 2001), and guided by terms of the reference of the European Convention for the Protection of Vertebrate Animals used for Experimental and other Scientific Purposes (Strasbourg, 1985).

For irradiation, we have chosen the maximal permissible energetic load on the radar system operators. The experimental animals were exposed to energy flux density (EFD) of 1.0–6.0 mW/cm². A quasi anechoic screened

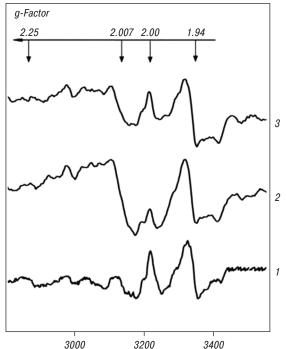
camera  $80.0 \times 70.0$  cm was used. The irregularity of electromagnetic field in the working area was 19.5%, linear polarization, average EFD in the area of exposure 1.0-6.0 mW/cm², output power of the generator 20 W, average EFD 40.0-60.0 mW/cm². The animals were triply exposed to radiation with three-day intervals. The number of animals for 1 exposure was 5 rats in the working area.

The rate of superoxide radical generation in brain tissue of rats was determined using spin traps technology. Brain tissue homogenate was mixed with spin trap that is selectively accumulated in mitochondria, namely 1-hydroxy-2,2-6,6-tetramethyl-4-oxo-piperidine hydrochloride (TEMPONE-H). The measurement was done by the EPR in special quartz cuvettes without paramagnetic inclusions at 20 °C [11]. To determine the content of NO and NO-FeS-proteins of N-type by the EPR at low temperature regimen, the samples of brain tissue were prepared using special press die. Activation of NO synthesis in mitochondria was determined using diethyldithiocarbamate [12]. The levels of NO-FeS-proteins of N-type complexes in mitochondria and NO were registered by the EPR method at the temperature of liquid nitrogen in paramagnetic free quartz dewar [11]. The EPR spectra were registered at T = 77 K in parallel with independent intensity standard — ruby monocrystal of special orientation with a known number of paramagnetic centers.

The significance of differences between the studied indexes in the groups was assessed by Student's *t*-test.

### **RESULTS AND DISCUSSION**

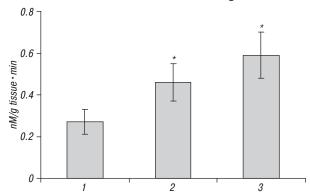
The action of ionizing and non-ionizing radiation on brain cell mitochondria of experimental animals resulted in the irregularities of functioning of molecular electron transporters, in particular FeS-proteins and ubisemiquinone (Fig. 1).



**Fig. 1.** State of ETC in brain tissue of rats: 1 — intact rats; 2 — rats kept in the Chernobyl accident zone; 3 — 14 days after the action of EMR in the UHF band

After the animals had been kept in the Chernobyl accident zone, the 3 times reduction in ubisemiquinone levels (g = 2.00) and the accumulation of complexes NO-FeS-proteins (g = 2.007) were observed compared with the control values. Under these conditions, the FeS-proteins of III protein electron transport complex (bc1) are activated (g = 1.94). This kind of change in the ETC in brain cells was registered in the animals after impulse electromagnetic irradiation. The detected changes in the ETC of mitochondria of brain cells cause the metabolic reprogramming of cell mitochondria that increases the rate of superoxide radical generation and the formation of cellular hypoxia. Metabolic reprogramming of mitochondria, which occur under the influence of low-intensity irradiation and irradiation by UHF EMR, causes changes in the functioning of cells [3-7].

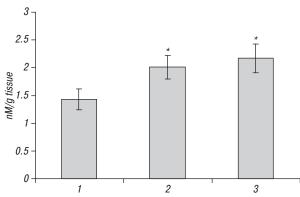
The results of investigation of the rate of superoxide radical generation in mitochondria of brain cells of animals that were exposed to low-intensity ionizing radiation and UHF EMR are shown in Fig. 2.



**Fig. 2.** Rate of superoxide radical generation in mitochondria of brain cells: 1 — intact rats; 2 — rats kept in the Chernobyl accident zone; 3 — 14 days after the action of EMR in the UHF band. \*p < 0.05 compared to control

The rate of superoxide radical generation in the ETC of mitochondria of brain cells in the intact animals was 0.27 ± 0.06 nM/g tissue • min. In the animals exposed to continuous action of ionizing radiation, the rate of superoxide radical generation in mitochondria of brain cells increased to 0.46 ± 0.09 nM/g tissue • min. In mitochondria of cells of the animals exposed to UHF EMR in doses adequate to the maximal permissible energetic load for the radar system operators the rate of superoxide radical generation significantly differs from the control values and was  $0.59 \pm 0.11$  nM/g tissue • min. Thus, energy of both the ionizing and UHF-band radiation interacting with the protein electron transport complexes of mitochondria of brain cells (FeS-proteins) causes mitochondria dysfunction and changes in the mechanism of electron transport, consequently, increases the rate of superoxide radical generation, which, in turn, may initiate the development of neurodegenerative diseases and cancer [2, 5, 7, 10].

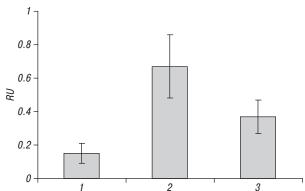
The results of investigation of NO levels in mitochondria of brain cells in animals that were exposed to the influence of low-intensity ionizing and UHF EMR are shown in Fig. 3.



**Fig. 3.** Levels of NO in mitochondria of brain cells: 1 — intact rats; 2 — rats kept in the Chernobyl accident zone; 3 — 14 days after the action of EMR in the UHF band. \*p < 0.05 compared to control

We have registered an increase in levels of NO synthesis in mitochondria of brain cells of the animals in terms of their irradiation in the Chernobyl accident zone (2.01  $\pm$  0.21 nM/g tissue) compared with the intact animals (1.43  $\pm$  0.19 nM/g tissue). UHF EMR also causes an increase in activity of mitochondrial nitric oxide synthase (mtNOS) (2.17  $\pm$  0.26 nM/g tissue) compared with the non exposed animals.

Fig. 4 shows the data on levels of NO-FeS-proteins in mitochondria of brain cells of the animals exposed to ionizing radiation (0.67  $\pm$  0.19 relative units; RU) and impulse EMR in the UHF band (0.37  $\pm$  0.10 RU) in comparison with the intact animals (0.15  $\pm$  0.06 RU).



**Fig. 4.** Levels of NO-FeS-proteins complexes in ETC of mitochondria of brain cells: 1 — intact rats; 2 — rats kept in the Chernobyl accident zone; 3 — 14 days after the action of EMR in the UHF band. \*p < 0.05 compared to control

In conclusion, the long-lasting influence of low doses of ionizing radiation and fractionated UHF irradiation lead to significant disorders of functioning of mitochondria. Violation of the mechanism of electron transport in ETC of mitochondria, activation of mtNOS under the influence of UHF EMR initiates the superoxide radical generation in mitochondria. The structure of mtNOS is similar to the inducible NOS, but the mechanism of its activation is functioning constitutively, and it plays a key role in the regulation of mitochondrial transmembrane gradient (ΔpH) and the rate of electron transport [13– 15]. Effects of mitochondrial respiration are determined by the output NO generation level, the amount of which depends on the influence of environmental factors such as the levels of UHF EMR, and on the state of neurohumoral mechanisms. An increase in NO levels causes the dysfunction of FeS-proteins of the ETC of mitochondria, increased levels of superoxide radicals, reduced synthesis of adenosine triphosphate, formation of cellular hypoxia and activation of redox-dependent enzymes, in particular metalloproteinase, VEGF [16, 17]. Mitochondria coordinate the signaling pathways determining the cell death under the conditions of EMR influence, related to the development of inflammatory processes, the initiation of which is registered in various organs of animals, especially in the brain [18]. Mitochondrial dysfunction, associated with the radiation load, leads to the activation of unregulated increase in the rate of superoxide radical generation in cells (mitochondria, cytochrome P450) and increased inflammation and initiation of superoxide-dependent cancer development [16, 18-21].

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