# On Stability of a Unit Ball in Minkowski Space with Respect to Self-Area 

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#### Abstract

The main results of the paper are the following two statements. If the length of the unit circle $\partial B=\{\|x\|=1\}$ on Minkowski plane $M^{2}$ is equal to $O(B)=8(1-\varepsilon), 0 \leq \varepsilon \leq 0.04$, then there exists a parallelogram which is centrally symmetric with respect to the origin $o$ and the sides of which lie inside an annulus $(1+18 \varepsilon)^{-1} \leq\|x\| \leq 1$. If the area of the unit sphere $\partial B$ in the Minkowski space $M^{n}, n \geq 3$, is equal to $O(B)=2 n \cdot \omega_{n-1} \cdot(1-\varepsilon)$, where $\varepsilon$ is a sufficiently small nonnegative constant and $\omega_{n}$ is a volume of the unit ball in $R^{n}$, then in the globular layer $\left(1+\varepsilon^{\delta}\right)^{-1} \leq\|x\| \leq 1, \delta=2^{-n} \cdot(n!)^{-2}$ it is possible to place a parallelepiped symmetric with respect the origin $o$.


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Let $B$ be a normalizing body of the $n$-dimensional Minkowski space $M^{n}$, $n \geq 2$. This body is usually called a unit ball, and its boundary $\partial B$ is called a unit sphere in $M^{n}$. Denote by $R^{n}$ a Euclidean space adjoined to $M^{n}$ the distance function of which is used as an auxiliary metric [1, 2]. In its turn, the auxiliary metric is chosen in such a way that the Euclidean $n$-dimensional volume $V_{n}(B)$ of $B$ equals the volume of the $n$-dimensional unit ball in $R^{n}$,

$$
V_{n}(B)=\omega_{n}:=\frac{\pi^{\frac{n}{2}}}{\Gamma\left(\frac{n}{2}+1\right)}
$$

We identify the points in $M^{n}$ with their position vectors from the origin $o$. Following Busemann [3], we define an $(n-1)$-dimensional area of the surface of nonempty compact convex body $K$. Let $M^{m}$ be an $m$-dimensional plane in $M^{n}$. Then the $m$-dimensional Minkowski volume in $M^{m}(1 \leq m \leq n)$ is an $m$-dimensional Lebesgue measure of $V_{m}^{B}$ in $M^{m}$ normalized such that

$$
V_{m}^{B}\left(B \cap M_{o}^{m}\right)=\omega_{m}
$$

where $M_{o}^{m}$ is a translant (i.e., a result of some translation) of $M^{m}$ which passes through the origin $o$. For any compact convex set $K$ in $M^{m}$,

$$
V_{m}^{B}(K)=\omega_{m} \cdot V_{m}(K) / V_{m}\left(B \cap M_{o}^{m}\right), \quad 1 \leq m \leq n
$$

where $V_{m}$ is an arbitrary taken (affine) $m$-dimensional Lebesgue measure.
Isoperimetrix $I$ in $M^{n}$ is an o centrally symmetric compact convex body with the support function $h_{I}$ given on the unit sphere $\Omega=\{\langle u, u\rangle=1\} \subset R^{n}$ by

$$
\begin{equation*}
h_{I}(u)=\omega_{n-1} \cdot V_{n-1}^{-1}\left(B \cap A_{o}(u)\right), \tag{1}
\end{equation*}
$$

where $V_{n-1}$ is a Euclidean $(n-1)$-dimensional volume and $A_{o}(u)$ is a hyperplane having the normal $u$ and passing through the origin $o$.

Notice that the isoperimtrix $I$ in $M^{n}$ depends only on the normalizing body $B$ and does not depend on the choice of the auxiliary metric [1, p. 279].

Let $K_{0}$ and $K_{1}$ be convex bodies in $R^{n}$. Consider a segment $K_{\theta}=(1-\theta)$. $K_{0}+\theta \cdot K_{1}(0 \leq \theta \leq 1)$ connecting the bodies $K_{0}$ and $K_{1}$. In [4], Minkowski, introducing the notion of the mixed volumes, expressed the volume $V\left(K_{\theta}\right)$ as

$$
\begin{equation*}
V\left(K_{\theta}\right)=\sum_{v=0}^{n} C_{n}^{v} \cdot(1-\theta)^{n-v} \cdot \theta^{v} \cdot V_{v}\left(K_{0}, K_{1}\right) \tag{2}
\end{equation*}
$$

where $V_{v}\left(K_{0}, K_{1}\right)$ is a mixed volume of the bodies $K_{0}$ and $K_{1}$ which corresponds to the parameter $v$. Here we use the standard notations [5, p. 113]. By Minkowski, the value

$$
O_{B}(K)=n \cdot V_{1}(K, I)
$$

is called a surface area of the body $K$.
By a self-area of the surface of the unit ball $B$ we understand the value

$$
\begin{equation*}
O(B)=O_{B}(B)=n \cdot V_{1}(B, I) . \tag{3}
\end{equation*}
$$

In the case of $n=2$, the value $O(B)$ is called a self-perimeter of the unit circle. In 1932, Golab S. [6] found optimal estimations for the perimeter: $6 \leq O(B) \leq 8$. In 1956, Busemann H. and Petti K. [7] obtained the following result.

Theorem A. If $B$ is a unit ball in the $n$-dimensional Minkowski space $M^{n}$, then $O(B) \leq 2 n \cdot \omega_{n-1}$, and the equality holds only when $B$ is a parallelepiped.

In this paper we study a stability of the unit ball $B$ in the case when the self-area $O(B)$ is close to the greatest possible value $2 n \cdot \omega_{n-1}$. There are proved the following theorems.

Theorem 1. Let the self-perimeter of a unit ball B on Minkowski plane $M^{2}$ be equal to $O(B)=8 \cdot(1-\varepsilon)$, where $0 \leq \varepsilon \leq \frac{1}{25}$. Then there exists a parallelogram $P$ which is centrally symmetric with respect to the origin o and for which the inclusions

$$
\begin{equation*}
P \subset B \subset(1+18 \cdot \varepsilon) \cdot P \tag{4}
\end{equation*}
$$

hold.
Theorem 2. Let the self-area $O(B)$ of a unit sphere $\partial B$ in Minkowski space $M^{n}, n \geq 3$, be equal to $O(B)=2 n \cdot \omega_{n-1} \cdot(1-\varepsilon)$. Then there exists a positive constant $\varepsilon_{0}$ depending only on the dimension $n$ and the centrally symmetric w.r. to the origin o parallelepiped $P$ for which the inclusions

$$
\begin{equation*}
P \subset B \subset\left(1+\varepsilon^{\delta}\right) \cdot P \tag{5}
\end{equation*}
$$

hold, where $0 \leq \varepsilon \leq \varepsilon_{0}$ and $\delta=2^{-n} \cdot(n!)^{-2}$.
The main results of the paper can be formulated in terms of the metric $\|x\|$ of Minkowski space $M^{n}$. For example, Theorem 1 can be reformulated as follows: if the self-area of a unit sphere is equal to $2 n \omega_{n-1} \cdot(1-\varepsilon)$, where $\varepsilon$ is a small enough nonnegative constant, then in the globular layer $\left(1+\varepsilon^{\delta}\right)^{-1} \leq\|x\| \leq 1$ of the space $M^{n}(n \geq 3)$ it is possible to place some parallelepiped $P$ symmetric w.r. to the origin $o$. And also the area of $P$ satisfies $\left(1+\varepsilon^{\delta}\right)^{1-n} \cdot O(B) \leq O_{B}(P) \leq O(B)$ that follows at once from definition (3) and monotonicity of the mixed volume.

Studying the possibility of the equality $O(B)=2 n \cdot \omega_{n-1}$, Busemann H. and Petti K. used the fact that the body $B$, being a cylindrical one, possesses $n$ linearly independent one-dimensional generators. Discussing the results obtained in this paper, Diskant V.I. drew my attention that I used only one such a generator in the proof of Theorem 2. In fact, it is proved by induction over the dimension $m$ of $M^{m}(n \geq m \geq 2)$ by constructing a cylinder in Minkowski space, which approximates a unit ball with a given accuracy. In our opinion, this construction is of independent interest.

If $K$ is a convex body in $M^{n}$, then there are two supporting hyperplanes $H_{K}^{+}$ and $H_{K}^{-}$parallel to any given $(n-1)$-dimensional hyperplane $H$. By Minkowski, the value

$$
\Delta_{B}(K, H)=\min \left\{\left\|x_{1}-x_{2}\right\|: x_{1} \in H_{K}^{+}, x_{2} \in H_{K}^{-}\right\}
$$

is called the width of the convex body $K$ in $M^{n}$ w.r. to $H$ [2, p. 106], [8]. Since the isoperimetrix $I$ is symmetric w.r. to the origin $o$, its width satisfies the equality $\Delta_{B}(I, H)=2 \cdot \min \left\{\|x\|: x \in H_{I}\right\}$, where $H_{I}$ is one of two supporting hyperplanes. Consider the body $B$ as the one located in some adjoint space $R^{n}$ and specify a unit vector $u$ normal to $H_{I}=H_{I}(u)$. Let $h_{I}(u)$ and $h_{B}(u)$ be the supporting numbers of $I$ and $B$. Then $\Delta_{B}(I, H)=2 \cdot h_{I}(u) \cdot h_{B}^{-1}(u)$. There follows the theorem on the stability of the unit ball $B$ w.r. to the width of isoperimetrix.

Theorem 3. If $\Delta_{B}(I, H)=4(1-\varepsilon) \cdot \omega_{n-1} / \omega_{n}, \quad 0 \leq \varepsilon \leq 10^{-4 n^{3}}$, then there exists a cylinder $C_{n}(D)$ with one-dimensional generators such that:

1. $C_{n}(D)$ is centrally symmetric w.r. to the origin o;
2. $C_{n}(D)$ cross-section $D$ is parallel to $H$;
3. $C_{n}(D) \subset B \subset C_{n}(D) \cdot\left(1+\varepsilon^{\frac{1}{2 n^{2}}}\right)$.

This result is close to that obtained by Diskant V.I. on the estimation from above for the width of the isoperimetrix $\Delta_{B}(I, H) \leq 4 \omega_{n-1} \cdot \omega_{n}^{-1}$, where the equality holds only when $B$ is a cylinder [8].

Proof of the Theorem 1. Let $Q_{2}$ be a parallelogram of the smallest area and let it be centered at $o$ and circumscribed around $B$. The midpoints of the $Q_{2}$ sides necessarily lie on $\partial B[1, \mathrm{p} .121]$. On $M^{2}$, chose an auxiliary Euclidean metric such that on the adjoint plane $R^{2}$ with the Cartesian system $x o y$ the parallelogram $Q_{2}$ becomes a square $a b c d$ with the vertices $a(-1 ; 1), b(1 ; 1)$, $c(1 ;-1), d(-1 ;-1)$. The points $e(0 ; 1), f(1 ; 0), g(0 ;-1), p(-1 ; 0)$ lie on $\partial Q_{2}$ and efgp $\subset B$. Denote by $n$ and $m$ the points of intersection of straight lines $y=x$ and $y=-x$ with $\partial B$ in a half-plane $y>0$. Let $0<\xi<\frac{1}{2}$ and $0<\eta<\frac{1}{2}$ be the parameters that determine $n$ and $m$ by $n(1-\xi, 1-\xi)$ and $m(-1+\eta ; 1-\eta)$. From the symmetry $B=-B$, the points $-n(-1+\xi ;-1+\xi)$ and $-m(1-\eta ;-1+\eta)$ lie on $\partial B$. Draw the straight lines $(p m),(a b)$ and denote their intersection by $a_{2}=(p m) \cap(a b)$; draw the straight lines (em), (da) and denote their intersection by $a_{1}=(e m) \cap(d a)$. Set $b_{2}=(e n) \cap(b c), b_{1}=(f n) \cap(a b), c_{1,2}=-a_{1,2}$, $d_{1,2}=-b_{1,2}$. Since $B$ is convex, its line of support at $m$ crosses the segments [ $\left.a_{2} e\right]$ and $\left[p a_{1}\right]$, and hence the segment $\left[a_{1} a_{2}\right]$ does not have common points with the interior $\stackrel{\circ}{B}$. Therefore, $B \subset a_{1} a_{2} b_{1} b_{2} c_{1} c_{2} d_{1} d_{2}$, and it follows then that

$$
\begin{equation*}
8 \cdot(1-\varepsilon) \leq O(B) \leq O_{B}\left(a_{1} a_{2} b_{1} b_{2} c_{1} c_{2} d_{1} d_{2}\right) \leq O_{B}\left(Q_{2}\right)=8 . \tag{7}
\end{equation*}
$$

Denote by $\|x\|$ the length of a vector $x$ on $M^{2}$ with a normalizing body $B$ and by $|x|$, its Euclidean length on $R^{2}$. Taking into account (7), we have

$$
\left\{\begin{array}{l}
\left\|p a_{1}\right\|+\left\|a_{1} a_{2}\right\|+\left\|a_{2} e\right\| \leq\|a p\|+\|a e\|=2 \\
\left\|e b_{1}\right\|+\left\|b_{1} b_{2}\right\|+\left\|b_{2} f\right\| \leq 2 \\
4-4 \varepsilon \leq\left(\left\|p a_{1}\right\|+\left\|a_{1} a_{2}\right\|+\left\|a_{2} e\right\|\right)+\left(\left\|e b_{1}\right\|+\left\|b_{1} b_{2}\right\|+\left\|b_{2} f\right\|\right) \leq 4 .
\end{array}\right.
$$

Hence,

$$
\left\{\begin{array}{l}
0 \leq 2-\left(\left\|p a_{1}\right\|+\left\|a_{1} a_{2}\right\|+\left\|a_{2} e\right\|\right) \leq 4 \varepsilon, \\
0 \leq 2-\left(\left\|e b_{1}\right\|+\left\|b_{1} b_{2}\right\|+\left\|b_{2} f\right\|\right) \leq 4 \varepsilon
\end{array}\right.
$$

By calculating

$$
\left|a a_{2}\right|=\left|a_{1} a\right|=\frac{\eta}{1-\eta}
$$

we can see that

$$
\left\|a_{2} e\right\|=\left\|p a_{1}\right\|=1-\frac{\eta}{1-\eta}
$$

and

$$
\left\|a_{1} a_{2}\right\|=\frac{\left|a_{1} a_{2}\right|}{|o n|}=\frac{\left|a a_{2}\right|}{n_{x}}=\frac{\eta}{(1-\eta)(1-\xi)}
$$

Consequently,

$$
2-4 \varepsilon \leq\left\|p a_{1}\right\|+\left\|a_{1} a_{2}\right\|+\left\|a_{2} e\right\|=2-\frac{\eta}{1-\eta}\left(2-\frac{1}{1-\xi}\right)
$$

After the similar calculations for $n$, compose the system

$$
\left\{\begin{array}{l}
\eta(1-2 \xi) \leq 4 \varepsilon(1-\eta)(1-\xi) \\
\xi(1-2 \eta) \leq 4 \varepsilon(1-\eta)(1-\xi)
\end{array}\right.
$$

where $0 \leq \xi, \eta \leq \frac{1}{2}$.
Combining the inequalities, we get

$$
(1+8 \varepsilon)(\xi+\eta) \leq(1+2 \varepsilon) 4 \xi \eta+8 \varepsilon
$$

Since $4 \xi \eta \leq(\xi+\eta)^{2}$, the value $z=\xi+\eta$ satisfies the square inequality

$$
(1+2 \varepsilon) z^{2}-(1+8 \varepsilon) z+8 \varepsilon \geq 0
$$

It is obvious that either

$$
0 \leq \xi+\eta \leq \frac{1+8 \varepsilon-\sqrt{1-16 \varepsilon}}{2(1+2 \varepsilon)} \quad \text { or } \quad \frac{1+8 \varepsilon+\sqrt{1-16 \varepsilon}}{2(1+2 \varepsilon)} \leq \xi+\eta \leq 1
$$

As a consequence, either
$\max \{\xi ; \eta\} \leq \frac{1+8 \varepsilon-\sqrt{1-16 \varepsilon}}{2(1+2 \varepsilon)} \quad$ or $\quad \max \left\{\frac{1}{2}-\xi ; \frac{1}{2}-\eta\right\} \leq \frac{1-4 \varepsilon-\sqrt{1-16 \varepsilon}}{2(1+2 \varepsilon)}$.
If $0 \leq \varepsilon \leq \frac{1}{25}$, then $\sqrt{1-16 \varepsilon} \geq 1-10 \varepsilon$. There are two cases:

1) $\max \{\xi ; \eta\} \leq \frac{9 \varepsilon}{1+2 \varepsilon} \leq 9 \varepsilon$;
2) $\max \left\{\frac{1}{2}-\xi ; \frac{1}{2}-\eta\right\} \leq \frac{3 \varepsilon}{1+2 \varepsilon} \leq 3 \varepsilon$.

Consider each case separately. Suppose (1) holds. Chose a square $r_{1} r_{2} r_{3} r_{4}$ with the vertices at points $r_{1}(-1+9 \varepsilon ; 1-9 \varepsilon), r_{2}(1-9 \varepsilon ; 1-9 \varepsilon), r_{3}(1-9 \varepsilon ;-1+9 \varepsilon)$,
$r_{4}(-1+9 \varepsilon ;-1+9 \varepsilon)$ to be a parallelogram $P$ in (4). By the construction, $P \subset$ $B \subset Q_{2}$. Since $Q_{2}=\frac{1}{1-9 \varepsilon} P$, we have $Q_{2} \subset(1+18 \varepsilon) P$.

Suppose (2) holds. Chose a square efgp to be $P$ in (4). As noticed above, $\left[a_{1} a_{2}\right] \cap \stackrel{\circ}{B}=\emptyset$. The points $a_{1}\left(-1 ; 1-\frac{\eta}{1-\eta}\right)$ and $a_{2}\left(-1+\frac{\eta}{1-\eta} ; 1\right)$ lie on a straight line $y=x+2-\frac{\eta}{1-\eta}$. For $\frac{1}{2}-\eta \leq 3 \varepsilon$ we have

$$
2-\frac{\eta}{1-\eta} \leq 1+\frac{12 \varepsilon}{1+6 \varepsilon} \leq 1+12 \varepsilon
$$

and hence the figure $B$ is under a straight line $y=x+1+12 \varepsilon$. For the segments $\left[b_{1} b_{2}\right],\left[c_{1} c_{2}\right],\left[d_{1} d_{2}\right]$ we draw the straight lines $y=-x+1+12 \varepsilon, y=x-1-12 \varepsilon, y=$ $-x-1-12 \varepsilon$. Denote by $S_{2}$ a square with vertices at $e_{1}(0 ; 1+12 \varepsilon), f_{1}(1+12 \varepsilon ; 0)$, $g_{1}\left(0 ;-1-12 \varepsilon, p_{1}(-1-12 \varepsilon ; 0)\right.$. Then $B \subset S_{2}=(1+12 \varepsilon) \cdot P$. The proof is complete.

To prove Theorem 3 we need some auxiliary statements. Without loss of generality, further we will consider a proper convex compact body $B$ symmetric w.r. to the origin $o$ and located in the corresponding adjoint Euclidean space $R^{n}$ ( $n \geq 2$ ).

Proposition 1. Let $K_{0}$ and $K_{1}$ be convex compact bodies in $R^{m}$, $m \geq 2$, with the $m$-dimensional Euclidean volumes satisfying $V\left(K_{0}\right) \leq V\left(K_{1}\right)$. Let $V_{0}$ be a constant such that $V\left(K_{\theta}\right) \leq V_{0}, \quad 0 \leq \theta \leq 1$. Then

$$
\begin{equation*}
V_{1}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right) \leq e\left(V_{0}-V\left(K_{0}\right)\right) \tag{8}
\end{equation*}
$$

Proof. The Brunn inequality implies

$$
V^{\frac{1}{m}}\left(K_{\theta}\right) \geq(1-\theta) V^{\frac{1}{m}}\left(K_{0}\right)+\theta V^{\frac{1}{m}}\left(K_{1}\right) \geq V^{\frac{1}{m}}\left(K_{0}\right)
$$

and hence $V\left(K_{\theta}\right) \geq V\left(K_{0}\right)$.
Using the identity

$$
1=\sum_{v=0}^{m} C_{m}^{v}(1-\theta)^{m-v} \theta^{v}
$$

rewrite (2) in the form of

$$
\begin{equation*}
V\left(K_{\theta}\right)-V\left(K_{0}\right)=\sum_{v=0}^{m} C_{m}^{v}(1-\theta)^{m-v} \theta^{v}\left[V_{v}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right)\right] \tag{9}
\end{equation*}
$$

Write down the inequality for the mixed volumes

$$
V_{v}^{m}\left(K_{0}, K_{1}\right) \geq V^{m-v}\left(K_{0}\right) V^{v}\left(K_{1}\right)
$$

which is a consequence of a more general A.D. Aleksandrov's inequality [9, p. 78]. Then $V_{v}^{m}\left(K_{0}, K_{1}\right) \geq V^{m}\left(K_{0}\right)$ and $V_{v}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right) \geq 0$. Since all terms in the right-hand side of (9) are nonnegative, then

$$
m(1-\theta)^{m-1} \theta\left[V_{1}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right)\right] \leq V\left(K_{\theta}\right)-V\left(K_{0}\right) \leq V_{0}-V\left(K_{0}\right) .
$$

The inequality holds for all $0 \leq \theta \leq 1$. For $\theta=\frac{1}{m}$ we get

$$
\left(1-\frac{1}{m}\right)^{m-1}\left[V_{1}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right)\right] \leq V_{0}-V\left(K_{0}\right) .
$$

Since the Euler sequence $a_{n}=\left(1+\frac{1}{n}\right)^{n}<e$ is monotonously increasing, then

$$
\left(1-\frac{1}{m}\right)^{m-1}=\left(1+\frac{1}{m-1}\right)^{1-m}>\frac{1}{e} .
$$

Therefore,

$$
\frac{1}{e}\left[V_{1}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right)\right] \leq V_{0}-V\left(K_{0}\right),
$$

which completes the proof of Proposition 1.
Further we will use a method suggested by V.I. Diskant [10, 11] for studying a stability in the theory of convex bodies. Denote by $q=q\left(K_{0}, K_{1}\right)$ a capacity coefficient of $K_{1}$ w.r. $K_{0}$, i.e., the greatest of $\gamma$ 's for which the body $\gamma \cdot K_{1}$ is embedded into $K_{0}$ by a translation. Recall one of Diskant's inequalities for the mixed volumes [10, p. 101]:

$$
\begin{equation*}
V_{1}^{\frac{m}{m-1}}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right) V^{\frac{1}{m-1}}\left(K_{1}\right) \geq\left[V_{1}^{\frac{1}{m-1}}\left(K_{0}, K_{1}\right)-q V^{\frac{1}{m-1}}\left(K_{1}\right)\right]^{m} \tag{10}
\end{equation*}
$$

Proposition 2. Let the bodies $K_{0}$ and $K_{1}$ meet the requirements of Proposition 1. Set $\alpha=3\left(V_{0} / V\left(K_{0}\right)-1\right) \leq \frac{1}{4}$. Then the capacity coefficient $q$ satisfies

$$
\begin{equation*}
q\left(K_{0}, K_{1}\right) \geq 1-2 \alpha^{\frac{1}{m}} . \tag{11}
\end{equation*}
$$

Proof. To estimate $q\left(K_{0}, K_{1}\right)$ from below, we use inequality (10) (see formula (2.1) in [10, p. 110])

$$
q \geq\left[\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)}\right]^{\frac{1}{m-1}}-\left[V_{1}^{\frac{m}{m-1}}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right) V^{\frac{1}{m-1}}\left(K_{1}\right)\right]^{\frac{1}{m}} \cdot V^{\frac{-1}{m-1}}\left(K_{1}\right) .
$$

Transform this inequality

$$
\begin{align*}
& q \geq\left[\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)}\right]^{\frac{1}{m-1}} \\
& \quad-\left[\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)}\right]^{\frac{1}{m}}\left\{\left(\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)}\right)^{\frac{1}{m-1}}-\frac{V\left(K_{0}\right)}{V_{1}\left(K_{0}, K_{1}\right)}\right\}^{\frac{1}{m}} \tag{12}
\end{align*}
$$

The inequality $V_{1}\left(K_{0}, K_{1}\right) \geq V\left(K_{0}\right)$ implies

$$
\begin{equation*}
\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)} \geq \frac{V\left(K_{0}\right)}{V\left(K_{1}\right)} \geq \frac{V\left(K_{0}\right)}{V_{0}}=\frac{1}{1+\frac{\alpha}{3}} \geq 1-\frac{\alpha}{3} \tag{13}
\end{equation*}
$$

By (8), we have $V_{1}\left(K_{0}, K_{1}\right)-V\left(K_{0}\right) \leq 3 \cdot\left(V_{0}-V\left(K_{0}\right)\right)$, and hence

$$
\begin{equation*}
\frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{1}\right)} \leq \frac{V_{1}\left(K_{0}, K_{1}\right)}{V\left(K_{0}\right)} \leq 1+3\left(\frac{V_{0}}{V\left(K_{0}\right)}-1\right)=1+\alpha \tag{14}
\end{equation*}
$$

Besides,

$$
\begin{equation*}
\frac{V\left(K_{0}\right)}{V_{1}\left(K_{0}, K_{1}\right)} \geq \frac{1}{1+\alpha} \geq 1-\alpha \tag{15}
\end{equation*}
$$

Substituting (13), (14), (15) into (12), we obtain

$$
q \geq\left(1-\frac{\alpha}{3}\right)^{\frac{1}{m-1}}-(1+\alpha)^{\frac{1}{m}}\left\{(1+\alpha)^{\frac{1}{m-1}}-(1-\alpha)\right\}^{\frac{1}{m}}
$$

For $p \geq 1$ we have

$$
\begin{array}{ll}
\text { (1) } & (1+x)^{\frac{1}{p}} \leq 1+\frac{x}{p}, \\
\text { (2) } & (1-x)^{\frac{1}{p}} \geq 1-\frac{12}{11} x,
\end{array} 0 \leq x \leq \frac{1}{12} .
$$

Therefore,

$$
q \geq 1-\frac{4}{11} \alpha-\left(1+\frac{\alpha}{m}\right)\left\{\frac{m}{m-1} \alpha\right\}^{\frac{1}{m}} \geq 1-\frac{4}{11} \alpha-\frac{9}{8}\left(\frac{m}{m-1}\right)^{\frac{1}{m}} \alpha^{\frac{1}{m}}
$$

The conditions $m \geq 2$ and $0 \leq \alpha \leq \frac{1}{4}$ provide

$$
\alpha \leq \frac{1}{2} \alpha^{\frac{1}{m}} \text { and }\left(\frac{m}{m-1}\right)^{\frac{1}{m}} \leq \sqrt{2}
$$

Finally,

$$
q \geq 1-\frac{2}{11} \alpha^{\frac{1}{m}}-\frac{9}{8} \sqrt{2} \alpha^{\frac{1}{m}} \geq 1-2 \alpha^{\frac{1}{m}}
$$

Denote by $A_{t}(u)$ a hyperplane in $R^{n}$ which is parallel to $A_{o}(u)$ and is at the distance $t$ in the direction of the vector $u$. If $t<0$, then $A_{t}(u)$ is at the same distance from $A_{o}(u)$ in the direction of the vector $-u$.

We denote by $h_{B}=h(u)(u \in \Omega)$ a supporting function of the normalizing body $B$. Denote by $H(u)$ the hyperplanes of support that correspond to $h(u)$.

Let $B_{t}(u)=B \cap A_{t}(u)$. If $-h(u) \leq t \leq h(u)$, then $B_{t}(u) \neq \emptyset$. The central symmetry of the unit ball $B=-B$ provides the equalities $B_{-t}(u)=-B_{t}(u)$.

Consider the function

$$
\phi_{u}(t)=V_{n-1}^{\frac{1}{n-1}}\left(B_{t}(u)\right), \quad t \in[-h(u) ; h(u)] .
$$

The function is even, $\phi_{u}(-t)=\phi_{u}(t)$, and by the Brunn inequality it is convex upwards. Then $\max _{t} \phi_{u}(t)=\phi_{u}(0)$, and this provides the estimation

$$
V_{n}(B) \leq 2 h(u) \cdot V_{n-1}\left(B_{0}(u)\right) .
$$

Denote by $\Delta V(u)$ the difference

$$
\Delta V(u)=2 h(u) V_{n-1}\left(B_{0}(u)\right)-V_{n}(B) .
$$

Proposition 3. Let $u_{0}$ be a unit normal vector of some hyperplane of support $H_{0}=H_{I}\left(u_{0}\right)$ for the isoperimetrix I. If a Minkowski width of I in the direction $u_{0}$ is equal to $\Delta_{B}\left(I, H_{0}\right)=4(1-\varepsilon) \omega_{n-1} \omega_{n}^{-1}, 0 \leq \varepsilon<1$, then

$$
\begin{equation*}
\Delta V\left(u_{0}\right)=\varepsilon 2 h\left(u_{0}\right) V_{n-1}\left(B_{0}\left(u_{0}\right)\right) . \tag{16}
\end{equation*}
$$

Proof. Indeed, from the expression in the terms of supporting numbers for the Minkowski width of the body $I$ in the adjoint space $R^{n}$ and the explicit expression for the isoperimetrix $I$ supporting function $h_{I}$ given by (1), we get

$$
\Delta_{B}\left(I, H_{0}\right)=2 \frac{h_{I}\left(u_{0}\right)}{h_{B}\left(u_{0}\right)}=2 \frac{\omega_{n-1}}{h\left(u_{0}\right) V_{n-1}\left(B_{0}\left(u_{0}\right)\right)} .
$$

Taking into account the normalization $V_{n}(B)=\omega_{n}$, we have

$$
\Delta_{B}\left(I, H_{0}\right)=4 \frac{\omega_{n-1}}{\omega_{n}} \frac{V_{n}(B)}{2 h\left(u_{0}\right) V_{n-1}\left(B_{0}\left(u_{0}\right)\right)} .
$$

Together with the condition imposed on $\Delta_{B}$ by the hypothesis, the latter equality provides (16).

Set $V_{0}=V_{n-1}\left(B_{0}\left(u_{0}\right)\right), h_{0}=h_{B}\left(u_{0}\right), \phi_{0}(t)=\phi_{u_{0}}(t)$ and $\Delta V\left(u_{0}\right)=2 h_{0} V_{0} \varepsilon$. Denote by $B^{*}$ a Schwartz-symmetrized body $B$ w.r. to a straight line $L\left(u_{0}\right)$ which is parallel to $u_{0}$ and passes through the origin $o$. By the construction,
$V_{n}\left(B^{*}\right)=V_{n}(B)$. By the Brunn theorem, the body of rotation $B^{*}$ is convex [5, p. 89]. On $R^{2}$ with the Cartesian coordinates xoy, define the function

$$
x(y)=\phi_{0}(y) \omega_{n-1}^{-\frac{1}{n-1}}, \quad-h_{0} \leq y \leq h_{0}
$$

Set for brevity $x(0)=r$. The function $x=x(y)$ defines the radii of the $(n-1)$ dimensional balls that generate $B^{*}$. On the graph of this function, mark the point $M_{0}\left(x_{0} ; y_{0}\right)$ which is an intersection point of the graph and a straight line $y=\frac{h_{0}}{r} x$. We have $0<x_{0} \leq r, 0<y_{0} \leq h_{0}$. It is convenient to use a parameter $\tau=r-x_{0}$. Then $M_{0}\left(r-\tau, h_{0}-\frac{h_{0}}{r} \tau\right)$.

Proposition 4. If the conditions of Proposition 3 hold, then

$$
\begin{equation*}
\tau \leq r \sqrt{\frac{\varepsilon}{2}} \tag{17}
\end{equation*}
$$

Proof. If $\tau=0$, then inequality (17) is trivial. Notice that by the Minkowski-Brunn theorem, the equality $\tau=0$ holds only when the body $B$ is a cylinder with the generators parallel to $u_{0}$.

Suppose $\tau>0$. Draw a supporting straight line to $x=x(y)$ at $M_{0}$. The intersection points of this line and straight lines $y=h_{0}$ and $x=r$ denote by $P$ and $Q$, respectively. The points $P_{1}=\left(0 ; h_{0}\right), Q_{1}=(r ; 0)$ and the whole segment [ $P_{1} Q_{1}$ ] are to the left of the convex curve $x=x(y), 0 \leq y \leq h_{0}$. Therefore, $0<\tau \leq \frac{r}{2}$. Rewrite the coordinates of $P$ and $Q$ in the terms of $a$ and $b$, namely, $P=\left(r-a ; h_{0}\right)$ and $Q=\left(r ; h_{0}-b\right)$.

Define the function $r_{1}=r_{1}(y), y \in\left[-h_{0} ; h_{0}\right]$ by

$$
r_{1}(y)= \begin{cases}r, & \text { if } \quad b-h_{0} \leq y \leq h_{0}-b \\ r-a-\frac{a}{b}\left(y-h_{0}\right), & \text { if } \quad h_{0}-b \leq y \leq h_{0} \\ r-a+\frac{a}{b}\left(y+h_{0}\right), & \text { if } \quad-h_{0} \leq y \leq b-h_{0}\end{cases}
$$

In $R^{n}$, construct a rotation body $\widehat{B}$ with the axis $L\left(u_{0}\right)$ and the radii of the $(n-1)$-dimensional spheres given by the function $r_{1}=r_{1}(y)$. By the construction, $x(y) \leq r_{1}(y)$, which provides $B^{*} \subset \widehat{B}$. Estimate from below a difference $\Delta V\left(u_{0}\right)$ in the terms of $V_{n}(\widehat{B})$

$$
\begin{aligned}
\Delta V\left(u_{0}\right) & =2 h_{0} V_{0}-V_{n}\left(B^{*}\right) \geq 2 h_{0} V_{0}-V_{n}(\widehat{B}) \\
& =2 \omega_{n-1} r^{n-1} b-2 \omega_{n-1} \int_{0}^{b}\left(r-\frac{a}{b} z\right)^{n-1} d z \\
& =2 \omega_{n-1} \frac{b}{n a}\left[(r-a)^{n}-r^{n}+n a r^{n-1}\right]
\end{aligned}
$$

It is easy to verify that the function

$$
\phi(s)=(1-s)^{n}-1+n s-\frac{n}{2} s^{2}, \quad 0 \leq s \leq 1, \quad n \geq 2
$$

is monotonously increasing. Multiplying the inequality

$$
(1-s)^{n}-1+n s \geq \frac{n}{2} s^{2}
$$

by $r^{n}$ and denoting $r s=a$, we obtain

$$
(r-a)^{n}-r^{n}+n r^{n-1} a \geq \frac{n}{2} r^{n-2} a^{2}
$$

Thus,

$$
\begin{equation*}
\Delta V\left(u_{0}\right) \geq \omega_{n-1} r^{n-2} a b \tag{18}
\end{equation*}
$$

The chosen point $M_{0}\left(r-\tau ; h_{0}-\frac{h_{0}}{r} \tau\right)$ lies on the supporting straight line, therefore $a$ and $b$ are connected by the equation

$$
\frac{\tau}{a}+\frac{h_{0}}{r} \frac{\tau}{b}=1
$$

The product $a b$ in the right-hand side of (18) can be expressed in the terms of $b$

$$
a b=\tau\left(b+\frac{h_{0}}{r} a\right)=\frac{r b^{2} \tau}{r b-h_{0} \tau}=f(b)
$$

Estimate $a b$ from below by $\min f(b)=f\left(b_{0}\right)$, where $b_{0}=2 \frac{h_{0}}{r} \tau, a_{0}=2 \tau$. Then

$$
a b \geq a_{0} b_{0}=4 \frac{h_{0}}{r} \tau^{2}
$$

The hypotheses of Proposition 3, (16) and (18) imply

$$
\varepsilon 2 h_{0} V_{0}=\Delta V\left(u_{0}\right) \geq 4 \omega_{n-1} r^{n-3} h_{0} \tau^{2}=4 \frac{V_{0}}{r^{2}} h_{0} \tau^{2}, \quad \text { or } \quad \varepsilon \geq 2\left(\frac{\tau}{r}\right)^{2}
$$

Corollary 1. $A$ cross-section $B_{t}=B \cap A_{t}\left(u_{0}\right)$, which corresponds to $M_{0}$, is defined by $T=h_{0}-\frac{h_{0}}{r} \cdot \tau$. Besides, the distance between $A_{T}\left(u_{0}\right)$ and $A_{0}\left(u_{0}\right)$ is

$$
\begin{equation*}
T \geq t_{0}=h_{0}\left(1-\sqrt{\frac{\varepsilon}{2}}\right) . \tag{19}
\end{equation*}
$$

The Euclidean $(n-1)$-dimensional volume of the section $B_{T}$ satisfies

$$
\begin{align*}
& V_{n-1}\left(B_{T}\right)=\omega_{n-1}(r-\tau)^{n-1} \\
& \geq \omega_{n-1} r^{n-1}\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{n-1}=V_{0}\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{n-1} \tag{20}
\end{align*}
$$

The following theorem (the analog of Theorem 3 for the plane) illustrates the importance of inequalities (19) and (20).

Theorem 4. If the width of the isoperimetrix I on $M^{2}$, which corresponds to a straight line $H_{0}$, satisfies $\Delta_{B}\left(I, H_{0}\right)=\frac{8}{\pi}(1-\varepsilon), 0 \leq \varepsilon \leq \frac{1}{6}$, then there exists a symmetric w.r. to the origin o parallelogram $P$ with a side parallel to $H_{0}$ such that $P \subset B \subset(1+2 \sqrt{\varepsilon}) \cdot P$.

Proof. As above, denote by $u_{0}$ a normal vector of the isoperimetrix $I$ supporting the straight line $H_{I}=H_{I}\left(u_{0}\right), H_{I} \| H_{0}$ in the adjoint plane $R^{2}$. If $n=2$, then the section $B_{T}$ is a segment $[a b]$. Set $c=-a, d=-b$. Then $B_{-T}=-B_{T}=[c d]$. Denote $B_{0}=[e f]$. Then $|o e|=|o f|=r$. We assume that the points $a, b, f, c, d, e$ are on $\partial B$ in the cyclic order and clockwise.

Show that $P=a b c d$ can be taken as a required parallelogram. The inclusion $P \subset B$ is obvious. Prove now the inclusion $B \subset(1+2 \sqrt{\varepsilon}) P$. Denote $a_{1}=$ $(d e) \cap(a b) ; d_{1}=(a e) \cap(c d) ; b_{1}=(c f) \cap(a b) ; c_{1}=(b f) \cap(d c)$. The segments $\left[e a_{1}\right],\left[e d_{1}\right],\left[f b_{1}\right],\left[f c_{1}\right]$ do not have any common points with $\stackrel{\circ}{B}$. Therefore, the figure $B$ is in a strip bounded by the two parallel straight lines ( $d_{1} a_{1}$ ) and $\left(c_{1} b_{1}\right)$. Denote $a_{2}=\left(d_{1} a_{1}\right) \cap H\left(u_{0}\right), b_{2}=\left(c_{1} b_{1}\right) \cap H\left(u_{0}\right), c_{2}=\left(c_{1} b_{1}\right) \cap H\left(-u_{0}\right)$, $d_{2}=\left(d_{1} a_{1}\right) \cap H\left(-u_{0}\right)$. Mark also the points $f_{1}=(c b) \cap(e f)$ and $e_{1}=(d a) \cap(e f)$. Due to (20), we have

$$
|a b|=2\left|o f_{1}\right|=2(r-\tau) \geq 2 r\left(1-\sqrt{\frac{\varepsilon}{2}}\right) \text { and }\left|f_{1} f\right|=\tau \leq r \sqrt{\frac{\varepsilon}{2}} .
$$

A similarity of the triangles $\Delta c f_{1} f$ and $\Delta c b b_{1}$ implies $\left|b b_{1}\right|=2\left|f_{1} f\right| \leq r \sqrt{2 \varepsilon}$. Besides, $\left|c c_{1}\right|=\left|d d_{1}\right|=\left|a a_{1}\right|=\left|b b_{1}\right| \leq r \sqrt{2 \varepsilon}$. It is easy to see that

$$
\frac{\left|a_{2} b_{2}\right|}{|a b|} \leq \frac{|a b|+2 r \sqrt{2 \varepsilon}}{|a b|} \leq 1+\frac{\sqrt{2 \varepsilon}}{1-\sqrt{\frac{\varepsilon}{2}}} \leq 1+2 \sqrt{\varepsilon} .
$$

The estimation (19) provides

$$
\frac{\left|c_{2} b_{2}\right|}{|c b|} \leq \frac{h_{0}}{h_{0}\left(1-\sqrt{\frac{\varepsilon}{2}}\right)} \leq 1+\sqrt{2 \varepsilon}
$$

By the construction, the parallelogram $a_{2} b_{2} c_{2} d_{2} \supset B$, hence $B \subset(1+2 \sqrt{\varepsilon}) P$. The theorem is proved.

To prove Theorem 3 for the case of $n \geq 3$ we need an estimation from below for the capacity coefficient of $B_{T}$ w.r. to $B_{-T}$.

Corollary 2. If $0 \leq \varepsilon \leq 10^{-2}$, then the capacity coefficient satisfies

$$
\begin{equation*}
q\left(-B_{T} ; B_{T}\right) \geq 1-5 \varepsilon^{\frac{1}{2(n-1)}}, \quad n \geq 3 \tag{21}
\end{equation*}
$$

Proof. By means of translation, place the convex bodies $B_{T}$ and $B_{-T}$ in the $(n-1)$-dimensional hyperplane $A_{o}\left(u_{0}\right)$. Denote by $B_{T}^{\prime}=B_{T}-T u_{0}$, $B_{-T}^{\prime}=B_{-T}+T u_{0}$ the corresponding traslants. The equalities $V_{n-1}\left(B_{T}^{\prime}\right)=$ $V_{n-1}\left(B_{-T}^{\prime}\right)$ and $q\left(-B_{T}, B_{T}\right)=q\left(B_{-T}^{\prime}, B_{T}^{\prime}\right)$ are obvious. The line segment $K_{\theta}=$ $(1-\theta) B_{T}+\theta B_{-T}, 0 \leq \theta \leq 1$ is in the section $B_{(1-2 \theta) T}=B \cap A_{(1-2 \theta) T}\left(u_{0}\right)$. Thus, for $K_{\theta}^{\prime}=(1-\theta) B_{T}^{\prime}+\theta B_{-T}^{\prime}$, we have

$$
V_{n-1}\left(K_{\theta}^{\prime}\right)=V_{n-1}\left(K_{\theta}\right) \leq V_{0}=V_{n-1}\left(B_{0}\left(u_{0}\right)\right) .
$$

Take $K_{0}=B_{-T}^{\prime}$ and $K_{1}=B_{T}^{\prime}$ from the hypothesis of Proposition 2. Then from (20) we get

$$
\alpha=3\left(\frac{V_{0}}{V\left(K_{0}\right)}-1\right) \leq 3\left(\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{1-n}-1\right)
$$

and for the capacity coefficient

$$
q\left(-B_{T} ; B_{T}\right) \geq 1-2 \times 3^{\frac{1}{n-1}}\left(1-\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{n-1}\right)^{\frac{1}{n-1}}\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{-1}
$$

For $m \geq 2, \quad 0 \leq x \leq \frac{1}{2}, \quad 0 \leq \varepsilon \leq 10^{-2}$ the inequalities

$$
\left(\frac{3 m}{\sqrt{2}}\right)^{\frac{1}{m}} \leq \frac{9}{4}, \quad\left(1-(1-x)^{m}\right)^{\frac{1}{m}} \leq m^{\frac{1}{m}} x^{\frac{1}{m}}, \quad 1-\sqrt{\frac{\varepsilon}{2}} \geq \frac{10}{11}
$$

hold. The estimation (21) follows at once from the above.
Proof of the Theorem 3. Let $B_{T}$ be defined as in Corollary 1 and the relations (19)-(21) be fulfilled. Let $B_{T}^{\prime}$ and $B_{-T}^{\prime}$ respectively denote the tranlants of $B_{T}$ and $B_{-T}$ after a translation on $A_{o}(u)$. Notice that $B_{-T}^{\prime}=-B_{T}^{\prime}$. Let $\gamma=q\left(B_{T}^{\prime},-B_{T}^{\prime}\right)$. Then there is a vector $a$ in the hyperplane $A_{o}\left(u_{0}\right)$ such that $a+\gamma\left(-B_{T}^{\prime}\right) \subset B_{T}^{\prime}$. On $A_{o}(u)$ consider a mapping $\varphi(x)=a-\gamma x, \quad x \in A_{o}(u)$. Evidently, $\phi\left(B_{T}^{\prime}\right)=a-\gamma B_{T}^{\prime}=a+\gamma\left(-B_{T}^{\prime}\right) \subset B_{T}^{\prime}$. Since $V_{n-1}\left(B_{T}^{\prime}\right)=V_{n-1}\left(B_{-T}^{\prime}\right)$, then $\gamma \leq 1$. If $\gamma=1$, then the bodies $B_{T}^{\prime}$ and $B_{-T}^{\prime}$ coincide after a translation on the vector $a$. In general, $\gamma<1$. Denote by $x_{0}$ a solution of the equation $x_{0}=a-\gamma x_{0}$, i.e., $x_{0}=(1+\gamma)^{-1} a$.

By the choice, $\varphi\left(x_{0}\right)=x_{0}$. Let $\widetilde{B}_{T}=B_{T}^{\prime}-x_{0}, \widetilde{B}_{-T}=B_{-T}^{\prime}+x_{0}$. Then $\widetilde{B}_{-T}=-\widetilde{B}_{T}$. It is easy to check that after this replacement we have $\gamma \widetilde{B}_{-T} \subset \widetilde{B}_{T}$.

Hence, the inclusions $\gamma\left(-\widetilde{B}_{T}\right) \subset \widetilde{B}_{T} \subset \frac{1}{\gamma}\left(-\widetilde{B}_{T}\right)$ hold. Moreover, $q\left(\widetilde{B}_{T},-\widetilde{B}_{T}\right)=$ $q\left(-\widetilde{B}_{T}, \widetilde{B}_{T}\right)=\gamma$. On the hyperplane $A_{o}\left(u_{0}\right)$, construct a body $D=\widetilde{B}_{T} \cap\left(-\widetilde{B}_{T}\right)$ which is centrally symmetric w.r. to the origin $o$. Set $\nu=x_{0}+T u_{0}$. By the construction, $D_{T} \equiv D+v \subset B_{T}$ and $D_{-T} \equiv D-v \subset B_{-T}$. Notice also that

$$
\begin{equation*}
D \supset \gamma\left(\widetilde{B}_{T} \cup \widetilde{B}_{-T}\right) . \tag{22}
\end{equation*}
$$

Denote by $C_{n}(D) \subset R^{n}$ a cylinder whose cross-sections coincide with $D$ and whose 1-dimensional generators are parallel to $v$ and bounded by the hyperplanes $A_{T}\left(u_{0}\right)$ and $A_{-T}\left(u_{0}\right)$. This cylinder is symmetric w.r. to the origin $o: C_{n}(D)=$ $-C_{n}(D)$. Since the symmetric body $B$ is convex, the inclusion $C_{n}(D) \subset B$ holds.

Estimate from below the capacity coefficient $q\left(C_{n}(D), B\right)$. By formula (22),

$$
V_{n}(B) \geq V_{n}\left(C_{n}(D)\right)=2 T V_{n-1}(D) \geq 2 T V_{n-1}\left(\gamma B_{T}\right)=2 T \gamma^{n-1} V_{n-1}\left(B_{T}\right)
$$

Using estimations (19)-(21), we conclude

$$
V_{n}(B) \geq 2 h_{0} V_{0}\left(1-5 \varepsilon^{\frac{1}{2(n-1)}}\right)^{n-1}\left(1-\sqrt{\frac{\varepsilon}{2}}\right)^{n}
$$

For further calculations to be substantial, we assume $0 \leq \varepsilon \leq(10(n-1))^{-2(n-1)}$. Initially, $2 h_{0} V_{0} \geq V_{n}(B)$ (see, for example, equality (16)). Hence,

$$
V_{n}(B) \geq V_{n}\left(C_{n}(D)\right) \geq V_{n}(B)\left(1-5(n-1) \varepsilon^{\frac{1}{2(n-1)}}\right)\left(1-n \sqrt{\frac{\varepsilon}{2}}\right),
$$

or

$$
1 \leq \frac{V_{n}(B)}{V_{n}\left(C_{n}(D)\right)} \leq\left(1-7(n-1) \varepsilon^{\frac{1}{2(n-1)}}\right)^{-1} \leq 1+14(n-1) \varepsilon^{\frac{1}{2(n-1)}}
$$

Consider a segment $K_{\theta}=(1-\theta) C_{n}(D)+\theta \cdot B, 0 \leq \theta \leq 1$ inside $B$. In Proposition 2 assume that $K_{0}=C_{n}(D), \quad K_{1}=B, V_{0}=V_{n}(B)$, where $V_{n}\left(K_{\theta}\right) \leq V_{n}(B)$. Then $\alpha \leq 50(n-1) \varepsilon^{\frac{1}{2(n-1)}}$, and the capacity coefficient $q\left(C_{n}(D), B\right)$ can be estimated by (11),

$$
q_{1}=q\left(C_{n}(D), B\right) \geq 1-10 \varepsilon^{\frac{1}{2 n(n-1)}}, \quad n \geq 3
$$

The bodies $C_{n}(D)$ and $B$ being centrally symmetric w.r. to the origin o, we will get $q_{1} B \subset C_{n}(D)$ and $B \subset \frac{1}{q_{1}} C_{n}(D)$. Since $\frac{1}{1-x} \leq 1+2 x, 0 \leq x \leq \frac{1}{2}$, we have

$$
\begin{equation*}
C_{n}(D) \subset B \subset\left(1+20 \varepsilon^{\frac{1}{2 n(n-1)}}\right) C_{n}(D) \tag{23}
\end{equation*}
$$

Finally, if $0 \leq \varepsilon \leq 10^{-4 n^{3}}$, then the inclusions (6) hold. The theorem is proved.

Proof of the Theorem 2. The proof is based on the idea of BusemannPetti (see Theorem 7.4.1 [2]) and on the properties of a superficial function of convex body introduced by Aleksandrov A.D. [9, p. 39].

For a convex body $B$, the superficial function $F(B, \omega)$ on a unit sphere $\Omega$ is defined by the following construction. Let a Lebesgue measurable set $\omega$ be given on $\Omega$. Denote by $\sigma(\omega)$ a set of all points on the surface of the convex body $B$ having a normal $u$ directed to $\omega$. The superficial function $F(\sigma(\omega))$ is the area of $\sigma(\omega)$.

Write down the first mixed volume from definition (3) in the terms of the Stieltjes-Radon integral for the continuous isoperimetrix $I$ supporting function $h_{I}(u)$ over a unit sphere,

$$
O(B)=\int_{\Omega} h_{I}(u) F(B, d \omega) .
$$

Since the origin $o$ is inside of $B$, then $h_{B}(u)>0$, and hence the ratio $h_{I}(u) / h_{B}(u)$ is a continuous function on $\Omega$. By the integral mean value theorem, there is a vector $u_{0}$ on $\Omega$ such that

$$
\begin{aligned}
& O(B)=\int_{\Omega} \frac{h_{I}(u)}{h_{B}(u)} h_{B}(u) F(B, d \omega) \\
&=\frac{h_{I}\left(u_{0}\right)}{h_{B}\left(u_{0}\right)} \int_{\Omega} h_{B}(u) F(B, d \omega)=\frac{h_{I}\left(u_{0}\right)}{h_{B}\left(u_{0}\right)} n V_{n}(B) .
\end{aligned}
$$

The plane of support $H_{0}=H_{I}\left(u_{0}\right)$ for $I$ is given by the supporting number $h_{I}\left(u_{0}\right)$. By Theorem 2, the area $O(B)=2 n \omega_{n-1}(1-\varepsilon)$, and hence the width

$$
\Delta_{B}\left(I, H_{0}\right)=2 h_{I}\left(u_{0}\right) / h_{B}\left(u_{0}\right)=4(1-\varepsilon) \omega_{n-1} / \omega_{n} .
$$

By Theorem 3, in $M^{n}$ there is a cylinder with the cross-section perpendicular to $u_{0}$ for which (6) holds.

Now we study the cross-section $D$ of the cylinder $C_{n}=C_{n}(D)$. Show that the body $D$, by analogy with (6), can be approximated by some $"(n-1)$ dimensional" cylinder $C_{n-1}=C_{n-1}\left(D_{n-2}\right)$ with the cross-section $D_{n-2}$. Denote by $Q=1+20 \cdot \varepsilon^{\frac{1}{2 n(n-1)}}$ the factor from (23). Without loss of generality, assume that the generators of the cylinder $C_{n}(D)$ are perpendicular to the cross-section $D$, i.e., $v \| u_{0}$. The latter is based on the affine invariancy of the definition of self-area of the surface $O(B)$ and on the free choosing of the auxiliary metric
in $M^{n}$. Notice that the inclusions (23) provide

$$
\begin{aligned}
& O(B) \leq O_{B}\left(Q C_{n}\right)=\int_{\Omega} \frac{\omega_{n-1}}{V_{n-1}\left(B \cap A_{0}(u)\right)} F\left(Q C_{n}, d \omega\right) \\
& \leq Q^{n-1} \int_{\Omega} \frac{\omega_{n-1}}{V_{n-1}\left(C_{n} \cap A_{0}(u)\right)} F\left(C_{n}, d \omega\right)=Q^{n-1} O_{C_{n}}\left(C_{n}(D)\right)
\end{aligned}
$$

From the conditions imposed on $O(B)$ in Theorem 2, we have

$$
O_{C_{n}}\left(C_{n}\right) \geq Q^{1-n} O(B)=Q^{1-n}(1-\varepsilon) 2 n \omega_{n-1} \geq Q^{-n} 2 n \omega_{n-1}
$$

Using the inequalities $\frac{1}{1+x} \geq 1-x$ and $(1-x)^{n} \geq 1-n x$ for

$$
0 \leq x=20 \varepsilon^{\frac{1}{2 n(n-1)}} \leq \frac{1}{2 n}
$$

we obtain

$$
\begin{equation*}
O_{C_{n}}\left(C_{n}\right) \geq 2 n \omega_{n-1}\left(1-20 n \varepsilon^{\frac{1}{2 n(n-1)}}\right) \tag{24}
\end{equation*}
$$

The surface of the cylinder $C_{n}(D)$ consists of two bases $D_{T}, D_{-T}$ that are equal to $D$ and of a lateral surface $C_{n}^{\prime}$. Hence,

$$
\begin{equation*}
O_{C_{n}}\left(C_{n}\right)=2 O_{C_{n}}(D)+O_{C_{n}}\left(C_{n}^{\prime}\right)=2 \omega_{n-1}+O_{C_{n}}\left(C_{n}^{\prime}\right) \tag{25}
\end{equation*}
$$

Denote by $\Omega^{\prime}$ an intersection of the unit sphere $\Omega$ and the $(n-1)$ dimensional hyperplane $R^{n-1}$ which corresponds to $A_{0}\left(u_{0}\right)$. Recall the equalities

$$
\left\{\begin{array}{l}
V_{n-1}\left(C_{n} \cap A_{0}(w)\right)=2 h_{0} V_{n-2}\left(D \cap A_{0}(w)\right), w \in \Omega^{\prime} \\
F_{n-1}\left(C_{n}^{\prime}, d \omega\right)=2 h_{0} F_{n-2}\left(D, d^{\prime} \omega\right)
\end{array}\right.
$$

where $d^{\prime} \omega$ is a restriction of $d \omega$ on $\Omega^{\prime}$. Thus,

$$
\begin{aligned}
& O_{C_{n}}\left(C_{n}^{\prime}\right)=\int_{\Omega} \frac{\omega_{n-1}}{V_{n-1}\left(C_{n} \cap A_{0}(w)\right)} F_{n-1}\left(C_{n}^{\prime}, d \omega\right) \\
& \quad=\int_{\Omega^{\prime}} \frac{\omega_{n-1}}{V_{n-2}\left(D \cap A_{0}(w)\right)} F_{n-2}\left(D, d^{\prime} \omega\right)=\frac{\omega_{n-1}}{\omega_{n-2}} O_{D}(D)
\end{aligned}
$$

Imposing the condition $\varepsilon \leq(20 n)^{-2 n^{3}}$ and taking into account (24) and (25), we obtain

$$
O_{D}(D) \geq 2(n-1) \omega_{n-2}\left(1-\frac{20 n^{2}}{n-1} \varepsilon^{\frac{1}{2 n(n-1)}}\right) \geq 2(n-1) \omega_{n-2}\left(1-\varepsilon^{\frac{1}{2 n^{2}}}\right)
$$

Set $\varepsilon_{1}=\varepsilon^{\frac{1}{2 n^{2}}}$. Then for the compact proper central symmetric $(n-1)$ dimensional body $D$ the estimate

$$
O(D) \geq 2(n-1) \omega_{n-2}\left(1-\varepsilon_{1}\right)
$$

holds.
Remark. Calculations in the proof of Theorem 3 up to formula (23) remain valid for the dimension $(n-1) \geq 3$.

Taking initially a body $D$ instead of $B$, which is in the space $R^{n-1}$ adjoint to $A_{0}\left(u_{0}\right)$, we can construct a centrally symmetric cylinder $C_{n-1}=C_{n-1}\left(D_{n-2}\right)$ with the cross-section $D_{n-2} \subset R^{n-2}$ satisfying the inclusions similar to (6). Namely,

$$
C_{n-1}\left(D_{n-2}\right) \subset D \subset\left(1+\varepsilon_{1}^{\frac{1}{2(n-1)^{2}}}\right) C_{n-1}\left(D_{n-2}\right) .
$$

In $R^{n}$ consider a cylinder $C_{n}\left(C_{n-1}\left(D_{n-2}\right)\right)$ whose cross-sections coincide with the " $(n-1)$-dimensional" cylinder $C_{n-1}\left(D_{n-2}\right)$; the one-dimensional generators are parallel to $u_{0}$ and bounded by the hyperplanes $A_{T}\left(u_{0}\right)$ and $A_{-T}\left(u_{0}\right)$. The cylinder possesses a specific property

$$
\begin{equation*}
C_{n}\left(C_{n-1}\left(D_{n-2}\right)\right) \subset B \subset\left(1+\varepsilon^{\frac{1}{2 n^{2}}}\right)\left(1+\varepsilon^{\frac{1}{2^{2} n^{2}(n-1)^{2}}}\right) C_{n}\left(C_{n-1}\left(D_{n-2}\right)\right) \tag{26}
\end{equation*}
$$

Using recurrently $(n-2)$ times the specified above constructions that correspond to the pass from formula (23) to formula (26), we get a cylinder $\widetilde{C}=$ $C_{n}\left(C_{n-1}\left(\ldots\left(C_{3}\left(D_{2}\right)\right) \ldots\right)\right)$ which approximates the initial normalizing body $B$ as follows:

$$
\widetilde{C} \subset B \subset\left(1+\varepsilon^{\frac{1}{2 n^{2}}}\right)\left(1+\varepsilon^{\frac{1}{2^{2} n^{2}(n-1)^{2}}}\right) \ldots\left(1+\varepsilon^{\frac{1}{2^{n-2 n^{2}(n-1)^{2}} \ldots 3^{2}}}\right) \widetilde{C} .
$$

The cylinder $C_{2}$ on the plane $M^{2}$ is a parallelogram. Approximate a figure $D_{2}$ by the parallelogram; the approximation order is defined on the $(n-1)$-step by $\varepsilon_{n-1}=\varepsilon^{2^{4-n}(n!)^{-2}}$. Recall that on the plane $M^{2}$ there is formula (4) from Theorem 1, where $\varepsilon_{n-1}$ appears to be in the first degree. Thus, it is possible to approximate the body $B$ by the parallelepiped $P$ for which the inclusions

$$
\begin{align*}
P \subset B \subset\left(1+\varepsilon^{\frac{1}{2 n^{2}}}\right)\left(1+\varepsilon^{\frac{1}{2^{2} n^{2}(n-1)^{2}}}\right) & \times \ldots \\
& \times\left(1+\varepsilon^{\frac{1}{2^{n-4}(n!)^{2}}}\right)\left(1+18 \varepsilon^{\frac{1}{2^{n-4} t(n!)^{2}}}\right) P \tag{27}
\end{align*}
$$

hold. There is such a sufficiently small positive $\varepsilon_{0}(n)$ depending only on the dimension $n$ that the inequalities

$$
\begin{equation*}
\left(1+18 \varepsilon^{2^{4-n}(n!)^{-2}}\right)^{n-1} \leq 1+18 n \varepsilon^{2^{4-n}(n!)^{-2}} \leq 1+\varepsilon^{2^{-n}(n!)^{-2}} \tag{28}
\end{equation*}
$$

hold for $0 \leq \varepsilon \leq \varepsilon_{0}$. Put $\delta=2^{-n}(n!)^{-2}$. Then from (27) and (28) we derive formula (5). The theorem is proved.

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